

Astrological Aromatherapy Blends

Fire Synergies:

Aries - A warm, energizing blend for initiating action with self-awareness and confidence. Invigorating, stimulating and uplifting top notes of Ginger, Coriander and Spearmint. Jasmine middle note is a rich and refreshing antidepressant. Dark Patchouli provides a robust, grounding base note.

Leo - A sunny, heart-centered blend to encourage creativity and self-expression. Cheery & majestic top notes of Tangerine, Sweet Orange & Cedarwood enhance self-confidence. Rose absolute provides a middle note that opens the heart. Frankincense base note has a calming & centering effect.

Sagittarius - An uplifting blend for expanding your vision and moving toward the future with optimism. Top notes of Juniper Berry, Bay and Pink Grapefruit purify and lighten your spirit. Spicy, rich and warm-ing middle notes of Sweet Basil and Clove Bud improve mental focus. Frankincense bass note enhances spiritual growth.

Earth Synergies:

Taurus - A satisfying & soothing blend that enhances practical creativity & self esteem. Anise top note is warm & sweet. Middle notes of Cardamon & Ylang Ylang relax & rejuvenate the body while stabilizing moods. Oakmoss bass note provides a deep, comforting connection to the earth.

Virgo - A cleansing, healing and nurturing blend to aid in practical discrimination and assimilation. Cypress top note comforts loss and grief. Clary Sage middle note reduces stress and anxiety. Bass notes of Oakmoss and Patchouli are grounding and help heal old wounds.

Capricorn - An earthy blend to enhance stability and security while promoting self-discipline and achievement. Pine top note provides deep strength and wisdom. Cypress middle note invokes long life and natural riches. Bass notes of Patchouli and Vetiver are grounding, centering, and provide protection.

Air Synergies:

Gemini - A light & airy blend for improving communication & mental dexterity. Top notes of Lemon & Sweet Fennel cleanse & disperse emotional confusion. Refreshing middle notes of citrusy Litsea-May Chang & Peppermint enhance clarity of thought. Hay absolute bass note invokes images of warm, breezy days outdoors.

Libra - A balancing, harmonious synergy for enhancing relationships and cultivating social graces. Rich top notes of White Rose and Spearmint are clear and calming. Middle notes of Hay, Jonquil and Geranium are sweet, youthful and balancing. Frankincense bass note stabilizes the emotions.

Aquarius - An original, innovative blend for cultivating idealism and insight. Top notes of Eucalyptus, Tea Tree and Red Thyme are mentally stimulating, decisive, and positive. Middle notes of Roman Chamomile and Neroli provide inner peace and relieve depression. Birch bass note protects while enhancing focus and concentration.

Water Synergies:

Cancer - A gentle, sensitive and soothing blend that invokes a "brand new day." Soft, sweet top notes of Jasmine grandiflora and Linden are fresh and new. Calming middle notes of Palmarosa and Roman Chamomile enhance trust and security as they touch the Inner Child. Frankincense base note stabilizes the emotions.

Scorpio - A deep & mysterious blend for enhancing self-transformation & regeneration. Top notes of Black Pepper & Jasmine sambac stimulate inner strength while promoting sensuality & intuition. Ylang Ylang middle note releases fear & modulates anger. Base notes of cooling Violet leaf & Myrrh are emotionally soothing & lend spiritual support.

Pisces - A flowing, serene blend to enhance spiritual connection. Lavender provides a healing top note. Peaceful middle notes of Blue Lotus, Palmarosa and Sandalwood enhance trust, faith and open the heart to higher consciousness. Base notes of Spikenard and Benzoin encourage forgiveness and steady the mind for meditation.